



East Sussex Cycling Association

2021 President: Peter Moon - Eastbourne Rovers CC

ESCA 100 mile TT – Sunday 8th August 2021 6.01 am Course G100/861

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



Start Sheet

Event Secretary

Mark Gidney (Southborough & District Wheelers)

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Timekeeper

Mr. Doug Finch (Southborough & District Wheelers)

General Information

Event HQ: Upper Dicker Village Hall, Coldharbour Road, Upper Dicker, East Sussex BN27 3QE.

From A27: follow Berwick Station signs at Alfriston roundabout. Straight on for 4 miles. Hall is on Right at end of village.

From A22: half mile West of Boship Roundabout, Lower Dicker. Turn into Coldharbour Road (at the Yellow 'Metamorphosis' Bathroom Centre). Hall is on Left after 1 mile; after '40' and 'Upper Dicker' sign.

The hall will be open from 5:00am for changing. Limited free refreshments will be on offer after the event

Car Parking: There is ample parking in the field at the rear of the village hall where you will find entry doors to the hall and facilities. The car park entrance is the gate next to the HQ - please drive around the football pitch and park directly behind the hall. **Please do not park on the football pitch or block the entry/exit route.**

Race Numbers: Numbers will be available at the event HQ. Please collect your number when you sign on. **After the event all riders must sign out** and return race numbers at the HQ.

Start: LEFT out of HQ; LEFT at staggered X-roads; LEFT at grass triangle; continue almost to A22. The start is 2 miles from the HQ. **Please allow at least 10 minutes getting to the start.**

This is a qualifying event for

ESCA Points Competition: 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies: The fastest rider from an ESCA affiliated club will be awarded the 100m Cup, and the fastest team of three riders from an ESCA affiliated club will be awarded the 100m Team Shield at the annual prize presentation in January 2013.

ESCA BAR: Qualifying event for the Senior and Veteran BAR competitions.

SCA and KCA BAR: Qualifying event for the long-distance BAR

BBAR: Qualifying event for the British Best All Rounder competition.

Sussex SPOCO: Long distance qualifying event – 120 points for 1st place down to 1 point for 120th place for first claim riders from Sussex CA affiliated clubs.

VTTA Surrey/Sussex Group: The member with the highest plus against standard will be awarded a medal at the group's Prize Presentation lunch.

www.eastsussexca.org.uk

ESCA 100 mile TT Awards

Fastest	
First	£40.00
Second	£35.00
Third	£30.00

Highest Vet on Std	
First	£30.00
Second	£20.00
Third	£15.00

Fastest Woman	
First	£40.00
Second	£35.00
Third	£30.00

Fastest Team of 3	
First	£20.00 each

Fastest Team of 2	
First	£15.00 each

Fastest Team of 2	
Second	£10.00 each

www.vtta.org.uk

Course Details – G100/861

Map attached, courtesy of SCA; available at: <http://www.sussexca.org.uk/g100861.html> .

START at eastern end of Arlington Road West opposite Give Way Sign just before junction with A22 northbound carriageway

LEFT and follow A22 via Diplocks Way RBT to Boship RBT

Start of LAP 1

LEFT 1st Exit to on A22 to junction with B2124 at Golden Cross.

LEFT on B2124 to TURN at Ringmer, Kennel Corner RBT (9.1 MILES).

RETRACE to A22 at Golden Cross.

LEFT on A22 via The Shaw RBT, Halland RBT, Golf Course RBT, Little Horsted RBT (19.9 MILES) Copwood RBT, Owlsbury RBT to

TURN at Black Down RBT (A22/A26 split here). (22.8 MILES).

RETRACE on A22 via Copwood, Owlsbury, Little Horsted, Golf Course, Little Horsted, Halland and The Shaw Roundabouts to Boship RBT.

TURN 4th Exit to A22.

This completes LAP 1. (34.1 MILES)

REPEAT Boship - Golden Cross – Ringmer – Golden Cross – Black Down – Boship.

This completes LAP 2. (66.5 MILES).

REPEAT Boship - Golden Cross – Ringmer – Golden Cross – Black Down – Boship.

This completes LAP 3. (98.8 MILES).

RETRACE on A22 to Coldharbour Road (*at Yellow 'Metamorphosis bathroom showroom'*)

LEFT along Coldharbour Road to **FINISH** at White paint mark just past April Cottage, 93 yards before 40 mph 346 yards before front door of Dicker Village Hall (100.0 MILES)

Additional Hazards The new Owlsbury roundabout TAKE CARE in negotiating the new roundabout between Copwood RBT and Little Horsted RBT



Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

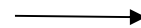
Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point. Competitors must exercise extra care when negotiating all roundabouts.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Please pin your number here



Results: No times will be given out at the finish.

Riders Be Aware Generally the road is in good repair. However there are some sections where care must be taken with heads up to look out for pot holes and some cracks that could cause impact punctures if hit hard.

Signing Out: Please note that all competitors are now required personally to sign the signing-out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

Rear Light: No Rear Light = No Ride. Please ensure you have a working rear light. Riders without a rear light will NOT be permitted to start!!!!

Number	First Name	Last Name	Club	Gender	Category
1	Chris	Parker	Hastings & St. Leonards CC	Male	Veteran
2	Anita	Turner	Eastbourne Rovers CC	Female	Veteran
3	Gary	Rudd	Bedfordshire Road CC	Male	Veteran
4	Peter	Baker	Lewes Wanderers CC	Male	Veteran
5	Robert	Jones	Cardiff 100 Miles RCC	Male	Veteran
6	Paul	Renshaw	Vector Cycling Race Team	Male	Veteran
7	Rebecca	Wilson	Rye & District Wheelers CC	Female	Veteran
8	Jane	Wiley	7Oaks Tri Club	Female	Veteran
9	Simone	Mitchell	...a3crg	Female	Senior
10	Pip	Jenkins	Southborough & Dist. Whs	Female	Senior
11	David	Huckell	Brighton Triathlon Club	Male	Veteran
12	Robert	Gilmour	Hounslow & District Whs	Male	Veteran
13	Adam	Rogers	Eastbourne Rovers CC	Male	Veteran
14	Ian	Cameron	Metropolitan Police Cycle Club	Male	Veteran
15	Tim	Seddon	G.S. Henley	Male	Veteran
16	David	Greenwood	Rye & District Wheelers CC	Male	Veteran
17	Paul	Thatcher	Brighton Mitre CC	Male	Veteran
18	Theo	Tadros	trainSharp	Male	Espoir
19	Duncan	Fuller	Lewes Wanderers CC	Male	Veteran
20	Nathan	Russell	trainSharp	Male	Senior
21	Gavin	Richards	Lewes Wanderers CC	Male	Veteran
22	Samuel	May	trainSharp Development Team	Male	Senior
23	Richard	Tully	Elite Cycling	Male	Veteran
24	Peter	Madarasz	Brighton Phoenix Athletic Club	Male	Veteran
25	Martin	Brown	7Oaks Tri Club	Male	Veteran
26	Rob	Milnes	Thanet RC	Male	Veteran
27	Liam	Somerville	Bike Jockey CC	Male	Senior
28	Stephen	McWilliams	Brighton Mitre CC	Male	Senior
29	Lawrence	Wintergold	Hounslow & District Whs	Male	Veteran
30	Neil	Harrigan	Gemini BC	Male	Veteran
31	Edward	Renwick	Oxford City RC	Male	Veteran